

# Women 10&Under

## Short Course

### Butterfly

50	34.43	Lori Melien	01/01/1983
100	1:16.51	Aryanna Fernandes	01/03/2010
200	3:44.80	Michelle Spencer	01/01/2003

### Backstroke

50	38.49	Heather Crowdis	01/01/1994
100	1:13.10	Lori Melien	01/01/1983
200	2:41.00	Lori Melien	01/01/1983

### Breastroke

50	44.53	Vivian Mak	01/01/1997
100	1:32.00	Lori Melien	01/01/1983
200	3:14.80	Alisha Crooks	01/01/1990

### Freestyle

50	28.9	Lori Melien	01/01/1983
100	1:03.90	Lori Melien	01/01/1983
200	2:25.30	Lori Melien	01/01/1983
400	5:13.10	Lori Melien	01/01/1983
800	11:03.92	Aryanna Fernandes	17/04/2010
1500	20:43.06	Aryanna Fernandes	17/04/2010

### Individual Medley

200	2:42.10	Lori Melien	01/01/1983
400	6:22.37	Emily Vandenberg	04/17/2010

## Long Course

### Butterfly

50	33.06	Lori Melien	01/01/1983
100	1:15.10	Lori Melien	01/01/1983
200	3:09.65	Aryanna Fernandes	31/05/2009

### Backstroke

50	34.53	Lori Melien	01/01/1983
100	1:14.59	Lori Melien	01/01/1983
200	2:41.55	Lori Melien	01/01/1983

### Breastroke

50	42.77	Michelle Fleming	01/01/2003
100	1:29.70	Alisha Crooks	01/01/1990
200	3:14.79	Alisha Crooks	01/01/1990

### Freestyle

50	29.45	Lori Melien	01/01/1983
100	1:05.90	Lori Melien	01/01/1983
200	2:31.60	Lori Melien	01/01/1983
400	5:10.22	Aryanna Fernandes	07/01/2010
800	11:59.74	Cassidy Blackwin	31/05/2008

### Individual Medley

200	2:43.40	Lori Melien	01/01/1983
400	6:04.04	Aryanna Fernandes	05/30/2010

# Women 11-12

## Short Course

### Butterfly

50	30.9	Devin Ste. Marie	01/01/2005
100	1:06.71	Devin Ste. Marie	01/01/2006
200	2:29.00	Lori Melien	01/01/1985

### Backstroke

50	33.08	Kelsey Nemeth	01/01/1998
100	1:06.20	Lori Melien	01/01/1985
200	2:21.90	Lori Melien	01/01/1984

### Breaststroke

50	36.11	Michelle Fleming	01/01/2005
100	1:16.80	Michelle Fleming	01/01/2005
200	2:46.40	Michelle Fleming	01/01/2005

### Freestyle

50	26.34	Lori Melien	01/01/1985
100	57.36	Lori Melien	15/12/2006
200	2:07.30	Lori Melien	01/01/1985
400	4:33.70	Lori Melien	01/01/1985
800	9:48.90	Christine Raininger	01/01/2003
1500	19:47.88	Cassidy Blackwin	15/12/2009

### Individual Medley

200	2:22.10	Lori Melien	01/01/1985
400	5:16.10	Lori Melien	01/01/1985

## Long Course

### Butterfly

50	29.95	Devin Ste. Marie	22/07/2006
100	1:06.17	Devin Ste. Marie	07/07/2006
200	2:31.27	Devin Ste. Marie	07/07/2006

### Backstroke

50	33.36	Carolanne Landry	01/01/2004
100	1:07.70	Lori Melien	01/01/1985
200	2:28.90	Lori Melien	01/01/1984

### Breaststroke

50	35.38	Michelle Fleming	01/01/2005
100	1:16.70	Michelle Fleming	01/01/2005
200	2:50.20	Sheila Hewerdine	01/01/1987

### Freestyle

50	27.39	Lori Melien	01/01/1984
100	59.36	Lori Melien	01/01/1985
200	2:13.10	Lori Melien	01/01/1984
400	4:42.50	Wendy Trempe	01/01/1983
800	9:56.15	Cassidy Blackwin	07/01/2010
1500	19:35.71	Cassidy Blackwin	02/05/2010

### Individual Medley

200	2:28.00	Lori Melien	01/01/1985
400	5:17.50	Sheila Hewerdine	01/01/1987

# Women 13-14

## Short Course

### Butterfly

50	29.71	Devin Ste.Marie	15/02/2007
100	1:04.27	Lori Melien	01/01/1986
200	2:19.84	Carleigh Barrett	02/03/2010

### Backstroke

50	31.42	Carolanne Landry	01/01/2005
100	1:06.07	Kelsey Nemeth	01/01/2000
200	2:18.63	Lori Melien	01/01/1986

### Breastroke

50	34.18	Michelle Fleming	15/02/2007
100	1:13.91	Sarah Lo	01/01/1994
200	2:37.70	Michelle Fleming	03/03/2007

### Freestyle

50	26.24	Lori Melien	01/01/1986
100	57.26	Lori Melien	01/01/1986
200	2:06.74	Devin Ste.Marie	25/11/2007
400	4:22.77	Kelsey Nemeth	01/01/2000
800	9:12.04	Kelsey Nemeth	01/01/2000

### Individual Medley

200	2:22.18	Lori Melien	01/01/1986
400	4:59.92	Christine Raininger	01/01/2005

## Long Course

### Butterfly

50	28.89	Devin Ste.Marie	27/06/2008
100	1:03.86	Lori Melien	01/01/1987
200	2:25.88	Christine Raininger	01/01/2005

### Backstroke

50	32.39	Carolanne Landry	01/01/2005
100	1:05.30	Lori Melien	01/01/1987
200	2:19.20	Lori Melien	01/01/1987

### Breastroke

50	34.18	Darelle Cowley	17/07/2009
100	1:14.87	Sarah Lo	01/01/1994
200	2:44.25	Michelle Fleming	07/22/2007

### Freestyle

50	26.51	Lori Melien	01/01/1986
100	57.66	Lori Melien	01/01/1986
200	2:09.94	Devin Ste.Marie	07/21/2007
400	4:36.39	Kelsey Nemeth	01/01/2000
800	9:35.29	Christine Raininger	01/01/2005

### Individual Medley

200	2:23.68	Lori Melien	01/01/1986
400	5:14.48	Christine Raininger	01/01/2005

# Women 15&Over

## Short Course

### Butterfly

50	28.11	Devin Ste.Marie	28/02/2010
100	1:02.49	Devin Ste.Marie	28/02/2009
200	2:15.08	Devin Ste.Marie	28/02/2010

### Backstroke

50	29.73	Jennifer Beckberger	01/01/2003
100	1:02.87	Lori Melien	01/01/1987
200	2:15.65	Ashleigh Crowder	01/01/1995

### Breastroke

50	32.83	Jennifer Beckberger	01/01/2003
100	1:09.57	Anne Ottenbrite	01/01/1984
200	2:27.13	Anne Ottenbrite	01/01/1984

### Freestyle

50	25.72	Jennifer Beckberger	01/01/2004
100	55.37	Jennifer Beckberger	01/01/2004
200	1:59.19	Jennifer Beckberger	01/01/2003
400	4:19.65	Devin Ste. Marie	28/02/2010
800	9:06.33	Devin Ste. Marie	06/11/2009
1500	17:25.42	Christine Raininger	01/01/2006

### Individual Medley

200	2:19.12	Christine Raininger	03/16/2009
400	4:53.73	Jennifer Beckberger	01/01/2003

## Long Course

### Butterfly

50	28.03	Jennifer Beckberger	01/01/2005
100	1:02.79	Devin Ste.Marie	09/07/2009
200	2:17.45	Devin Ste.Marie	16/07/2009

### Backstroke

50	30.65	Jennifer Beckberger	01/01/2003
100	1:03.67	Lori Melien	01/01/1988
200	2:15.39	Lori Melien	01/01/1988

### Breastroke

50	33.58	Alex Andrechuk	06/05/2009
100	1:10.62	Anne Ottenbrite	01/01/1983
200	2:30.56	Anne Ottenbrite	01/01/1983

### Freestyle

50	26.16	Jennifer Beckberger	01/01/2004
100	56.61	Jennifer Beckberger	01/01/2005
200	2:03.27	Jennifer Beckberger	01/01/2005
400	4:28.13	Devin Ste. Marie	06/06/2010
800	9:17.62	Allison Foster	17/07/2009
1500	18:02.49	Christine Raininger	07/07/2007

### Individual Medley

200	2:20.29	Michelle MacPherson	01/01/1985
400	4:55.21	Christine Raininger	07/08/2009